

Online Corporate Wellness Workshops

Workshops Available

- Caring for our mental health and cancer prevention
- Women's health – Focusing on breast, cervical and ovarian cancer awareness
- Men's health – Focusing on prostate, testicular and bowel cancer awareness
- Men & Women's health - Focusing on bowel, lung and skin cancer awareness
- Caring for your skin during the summer of the COVID-19 crisis
- Bespoke workshop of your choice combining any of the above choices



Pricelist

- Workshop 1 - 1.5 Hours €400
 - Live recording of webinar = additional €200
 - Pre-recorded webinar = €400
- Workshop 1.5 - 2.5 Hours €600
 - Live recording of webinar = additional €300
 - Pre-recorded webinar = €600
- Additional service - 10 min
1:1 conversation post webinar €10 pp
 - Available 10 minutes after the webinar is completed

*Recordings are available for one week only

