

MELANOMA

A SKINTERVENTION



In Ireland, rates of skin cancer are increasing **faster than any other type of cancer**

A large white exclamation mark inside a white triangle, set against a teal background.

MELANOMA IS THE MOST SERIOUS FORM OF SKIN CANCER

Sunbathing and sun burning are two of the biggest causes of melanoma



Just one bad sun burn before you're 18 could increase your risk of skin cancer by 50%

USING A SUNBED EVEN JUST ONCE INCREASES YOUR RISK OF MELANOMA BY AS MUCH AS

20%



Get to know your skin and examine it head-to-toe once a month



Look for changes in the size, colour and shape of moles



If you do notice something changing, see your GP